

North Georgia Aerials Student Rules

1. No jewelry or accessories may be worn including any items that may tangle/interfere with participation, such as rings, earrings, and necklaces. Eye glasses should be discussed with your Instructor or a Director.
2. Appropriate clothing must be worn at all times. Any sharp objects on clothing (i.e. zippers, buckles, chains, etc.) can damage the student, instructor, and apparatus. If worn, you may be told you cannot get on the equipment and/or held liable to replace any damaged aerial equipment. Please select clothing that will remain in place while upside down, allow you to move freely, and be comfortable while moving. Please be aware loose clothing may become entangled in an apparatus. Underarms must be covered for hygiene as well as to prevent fabric burns.
3. All students must keep their fingernails and toenails trimmed so as not to pull or snag the aerial fabric and/or hinder their ability to grip the aerial equipment.
4. No food, candy, or gum is permitted while in class.
5. Use of lotion, oil, salve, or other products that could affect grip, transfer to equipment/apparatus/instructor/partner is not permitted.
6. No one is allowed on any equipment/apparatus unless they have signed/completed a release form, and have read, agreed to and signed Studio Rules, as well as paid for the class they will participate in.
7. All participants/parents of minor participants must notify their Studio Instructor of any physical, emotional, or other limitation that may affect/limit the student's participation and safety.
8. Proper hydration and blood sugar is important, and is the student's responsibility to take water breaks during class and to have eaten something before class. We suggest that each student also bring his/her own water bottle and energy snack.
9. It is each student's responsibility to know your body, not push yourself too hard and pay attention to when you're feeling tired, need to take break, sit down or stretch. Please let the instructor know how you are doing.
10. If you are ill, we ask that you not participate in class.
11. Visitors/observers may watch the class from the observation areas, but must refrain from speaking to participants during instruction. If visitors/observers need to communicate with a participant, please speak with the instructor of the class first.
12. When your class is over, please clear the floor in a timely manner so as not to disrupt or delay the next class coming in.
13. Students may not alter or rig any equipment or apparatus without the direct supervision and permission of their Instructor.
14. All students must follow the teacher's instructions. Don't jump ahead, try something new, or do old tricks that are not being taught in the class.
15. No student may teach another student anything that they have not already learned from an instructor in class. A student may remind another student of something they have already learned from an instructor, but may not introduce something new. This is particularly relevant during Open Practice time. No matter how tempting, a student may not teach another something new and a student may not mislead another on which things they have already learned from their instructor.
16. No student may teach or formally perform any aerial dance trick outside of the studio unless given permission by the instructor. If we are made aware of anyone teaching others aerial dance, and/or performing aerial dance outside of the studio, we reserve the right to refuse to let them continue working and taking classes in the studio. Special exceptions can be arranged with the studio instructors or director but must be explicitly discussed.
17. All payment and scheduling of lessons is done through our website or class instructor. All checks should be made payable to North Georgia Aerials.
18. Anyone believed to be under the influence of drugs, alcohol, or any mind or muscle altering substances will not participate in class.
19. Any instructor or director reserves the right to refuse to teach any student who does not follow instructions or who doesn't abide by our studio rules and regulations.